

APPENDIX 1 – Summary of School-aged Universal and Targeted Emotional Health and Wellbeing Services

1. Introduction

1.1. This briefing provides an overview of the universal and targeted emotional health and wellbeing services for school aged children which will be commissioned by KCC Public Health. The annexes include the draft specification for the adolescent health and emotional wellbeing service, the draft KPI framework and safeguarding matrix.

2. Universal Emotional Wellbeing Services

2.1. Tier one universal emotional health and wellbeing services will be provided by the school public health service for primary age children and the adolescent health and targeted emotional wellbeing service (working in secondary and tertiary settings). Both services are currently going through a procurement process, with contracts due to start in October 2016. The universal intervention will build resilience and support emotional wellbeing at a whole school level.

2.2. The key differences of this service to the previous service are:

- A split of the school aged public health provision into primary and secondary/tertiary age groups. This will enable specific responses to the different needs of the age groups.
- A greater focus on a multidisciplinary workforce, particularly in the adolescent health and targeted emotional wellbeing service.
- Improved visibility of the service and working relationships with schools.
- Key assessment points.

2.3. The key features of this service are:

- A visible and well promoted presence in educational settings which enables young people, parents and carers to build trusted relationships and self-identify their health and wellbeing needs.
- Holistic health assessment for young people who are referred to the service, who enter the educational setting from outside of the UK and in Year R, Year 6 and Year 10.
- Formal and informal one to one tier 1/universal health and emotional wellbeing interventions including building self-efficacy, self-management and advocacy.
- Whole setting health improvement including the delivery of some elements of PSHE.
- Training for school staff and Governors in whole school health improvement, emotional and physical health.

- Support to parents to build their health literacy and support the health and wellbeing of their children including their emotional health and wellbeing.
- Development of publicity and resources which young people, parents and educators can access and which promote self-management and health literacy.

3. Targeted Emotional Wellbeing services

3.1. The adolescent health and emotional wellbeing service will also deliver targeted tier 2 interventions in both secondary/tertiary settings. In addition, the service will also provide targeted emotional health in reach services for primary age children working alongside the primary school public health service with a particular focus on supporting transition.

3.2. The draft service specification for the adolescent health and targeted emotional wellbeing service is attached at annex 1 with both the universal and targeted elements of emotional wellbeing provision highlighted. The sections relating to universal provision are replicated in the primary school age service specification.

3.3. This is a new service providing targeted tier 2 support in schools to meet an identified need. It will work with schools to ensure there is no duplication in provision from what is provided from within the school itself to ensure there is additional benefit.

3.4. This service will link closely with CAMHs providers. This relationship will have number of benefits. These will include sharing information about children who are accessing CAMHs service and require support in school and those children who are moving from one service to the other.

3.5. The key features of the service are:

- Tier 2 emotional health and wellbeing interventions for children and young people in primary, secondary and tertiary educational settings who have identified themselves, have been identified by schools, GP's and referred by the SPA or other services as needing targeted support.
- An offer in school settings of ensuring that children and young people with early help and specialist needs are able to maintain their resilience throughout recovery.

4. Key Performance Indicators

4.1. The key performance indicators relating to the universal and targeted emotional wellbeing service are attached at annex 2. Targets will be set for each indicator in partnership with the provider. Where comparable measurements were taken for the community predecessor organisation, Young Healthy Minds, their performance will be set as a minimum achievement level to ensure no capacity is lost in the short term.

4.2. A safeguarding matrix is attached at annex 3.

5. HeadStart Kent

5.1. HeadStart Kent is already testing some early intervention approaches in early adolescence with the aim of preventing the onset or escalation of mental health issues. The adolescent health and emotional wellbeing service will proactively learn from and embed the approach to resilience and emotional health which is tested by HeadStart Kent. Going forward a suite of specific interventions will be agreed by an expert group and will be promoted for children and young people in Kent.

6. Report Author

Jo Tonkin
Public Health Specialist
Jo.tonkin@kent.gov.uk

Samantha Bennett
Consultant in Public Health
Samantha.bennett2@kent.gov.uk